

Congregate Meal Programs (rev. 2-2026)

Participants must be 60 years or older, or spouse/dependent with disability of any age.
Transportation to meal sites is available, call SCES at 617-628-2601.

CAMBRIDGE

CAMBRIDGE SENIOR CENTER, 806 Mass. Ave.

A Senior Dine Card is needed, call SCES at 617-628-2601 to get a card.

Reserve a meal: Call 617-349-6047 by 10 am the business day before

Lunch: Monday-Thursday, 11:30 am-12:15 pm

KATE'S CAFE @ S&S (LGBT), 1334 Cambridge St.

Reserve a meal: Call 617-628-2601 and ask for the Community Support Center or email info@eldercare.org

\$12 suggested voluntary donation

Everyone can participate regardless of a donation

\$20 cost for adults under 60

Supper: 4th Wednesday of month, 6 pm

MANNING APARTMENTS, 237 Franklin St.

Reserve a meal: Use sign up sheet in community room or call SCES Nutrition Dept. at 617-628-2601

Building residents under 60 welcome to join.

Lunch served: Monday-Friday, noon

MA ALLIANCE OF PORTUGUESE SPEAKERS, 1046

Cambridge St. / Call 617-864-7600

Portuguese-Style Lunch: Monday-Friday, noon

MILLERS RIVER, 15 Lambert St.

Reserve a meal: Call Millers River Resident Service Coordinator at 617-499-7155 by 10 am the business day before

Building residents under 60 welcome to join.

Supper: 2nd Thursday of month. Limit 30 people

CAMBRIDGE COURT APARTMENTS, 411 Franklin St.

Reserve a meal: Sign up 2 business days before in community room.

Building residents.

Breakfast: Monday-Friday, 9-10 am

SOMERVILLE

PROPERZI APARTMENTS, 13-25 Warren Ave.

Reserve a meal: Sign up 2 business days before in community room or call SCES Nutrition Dept. at 617-628-2601

Building residents under 60 welcome to join.

Breakfast: Monday-Friday, 9:30-10:30 am

RALPH & JENNY SENIOR CENTER, 9 New Washington St.

Reserve a meal: Call 617-625-6600 x 2323

Lunch: Tuesdays, noon, after Bingo

SOMERVILLE SENIOR CENTER, 167 Holland St.

Reserve a meal: Call 617-625-6600 x 2323

Lunch: Thursdays, noon, after Bingo