

Family Caregiver Support Program

The Family Caregiver Support Program offers support and promotes the ability of caregivers to continue their caregiving role by equipping them to make informed decisions, solve problems, reduce stress, and maintain their overall physical and emotional health.

Services

1. Information/outreach to caregivers about available services
2. Assistance to caregivers in gaining access to services
3. Individual counseling, organization of support groups, and caregiver training
4. Respite care
5. Supplemental services, on a limited basis (Fund)

Eligibility

- Adult family member or other informal (non-paid) caregiver AND age 18 or older:
 - Caring for an individual age 60 or older OR individual of any age who is living with Alzheimer's disease or a related dementia.
- Grandparent or other relative (not parents) AND age 55 or older:
 - Caring for a child under the age of 18.
- Grandparent or other relative (including parents) AND age 55 or older:
 - Caring for an adult with a disability who is 18 through 59 years old.

Fees

- Free consultation

Frequently Asked Questions:

- Q: Does the caregiver need to live with the person they care for?
 - **A: No. However, the caregiver and/or the care recipient must live in Somerville or Cambridge.**
- Q: Does the care recipient need to be receiving services from SCES?
 - **A: No, anyone that falls under eligibility is welcome.**
- Q: What do I need to do if the caregiver is interested in the fund?
 - **A: Make a note in the referral for further discussion with FCSP staff.**
- Q: Can the caregiver be enrolled in the AFC program?
 - **A: If enrolled in AFC, the caregiver would not be eligible for the fund, however, they can receive counseling, case management, information and referral, etc.**

For more information about our Family Caregiver Support Program or on how to make a referral, contact our Community Support Center at 617-628-2601.