

Information, Services
and Support for:

- Older Adults
- People with Disabilities
- Caregivers

Our office is open
Monday to Friday,
9 a.m. to 5 p.m.

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Somerville-Cambridge
Elder Services, Inc. and
its programs are
funded, in whole or in
part, by contracts or
grants with the
Massachusetts
Executive Office of
Elder Affairs, the Older
Americans Act, local
funds, foundations,
and private
contributions.

For statewide
resources, contact
800AgeInfo at:

1-800-243-4636 or
www.800ageinfo.com

Brown Bag Program

The Brown Bag Program is sponsored by the Greater Boston Food Bank and Somerville-Cambridge Elder Services (SCES). Participants pick up a brown bag consisting of 10-15 pounds of nutritious groceries once per month (one bag per household). The items represent a balance and variety of foods from the USDA Food Guide Pyramid. A typical bag might contain milk, cheese, pasta, rice, ground beef, tuna, green beans, peanut butter, and oatmeal based on availability.

Eligibility

- Registrants must live in Somerville or Cambridge
- Registrants age 60 or older OR under age 60, disabled, and living in a housing facility occupied primarily by the elderly
- Registrants must meet program income guidelines OR be a recipient of one or more of the following types of assistance: Food Stamps, Medicaid, SSI, Fuel Assistance, Veterans Aid

Registration

1. Call 617-628-2601 ext. 3117 and leave your name, address and phone number to receive an application
2. Mail the application back with a copy of your ID.
3. Once the application is received by SCES, a Brown Bag Card will be mailed to you (this card is required to receive a Brown Bag).

Brown Bag Pick Up

When: Every second Tuesday of the month between 10:00am & 12:00pm

Location: Center for Arts at the Armory, 191 Highland Avenue, Somerville

Consecutive non-attendance may result in removal from the program.
SCES does not deliver or provide transportation for this program.

All registered participants:

- receive one bag per household
- must have their Brown Bag Card in order to receive a Brown Bag
- must be able to carry a fairly heavy bag of groceries, or may bring a helper or a cart with wheels
- may send a friend or family member with the participant's Brown Bag Card if they are unable to pick up the bag

Revised 1/17