

Information, Services  
and Support for:

- Older Adults
- People with Disabilities
- Caregivers

Our office is open  
Monday to Friday,  
9 a.m. to 5 p.m.

61 Medford Street  
Somerville, MA  
02143-3429

Phone: 617-628-2601  
TDD: 617-628-1705  
Fax: 617-628-1085  
[info@eldercare.org](mailto:info@eldercare.org)

Somerville-Cambridge  
Elder Services, Inc. and  
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Elder Affairs, the Older  
Americans Act, local  
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and private  
contributions.

For statewide  
resources, contact  
**800AgeInfo** at:

1-800-243-4636 or  
[www.800ageinfo.com](http://www.800ageinfo.com)

## Family Caregiver Support Program

The Family Caregiver Support Program offers services to support caregivers. Somerville-Cambridge Elder Services partners with community agencies to provide respite services, educational activities, and support groups.

### Services

- Short-term, one-on-one consultation
- Assistance with family meetings
- Caregiver support groups
- Educational workshops for caregivers
- Educational materials
- Caregiver Services Fund to assist with small grants for caregiver needs

### Eligibility

- Caregivers of adults 60 years or older
- Caregivers for persons with Alzheimer's disease or related memory disorders
- Grandparents or other relatives who are age 60 or older and care for children under age 18 or who have developmental disabilities

### Fees

- Free consultation